

Carbon Reduction Plan

Supplier name: Health Now Limited

Publication date: 12/6/26

Commitment to achieving Net Zero

Health Now Limited is committed to achieving Net Zero emissions by 2050

Baseline Emissions Footprint

Baseline emissions are a record of the greenhouse gases that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions. Baseline emissions are the reference point against which emissions reduction can be measured.

Baseline Year: 2023		
Additional Details relating to the Baseline Emissions calculations.		
Total staff		12
Country of operations		UK
Number of months to display impact		12
Working days in the year		232
Average % of time spent working from home		40%
Baseline year emissions:		
EMISSIONS	TOTAL (tCO₂e)	
Scope 1	Office emissions (gas)	0.6
	Other Scope 1 emissions	0.0

Scope 2	<table border="1"> <tr> <td data-bbox="499 217 1165 338">Office emissions (electricity)</td> <td data-bbox="1173 217 1436 338">3.9</td> </tr> </table>		Office emissions (electricity)	3.9																																						
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Scope 3 (Included Sources)	<table border="1"> <tr><td data-bbox="499 383 1165 439">Homeworker electricity emissions (home office)</td><td data-bbox="1173 383 1436 439">0.3</td></tr> <tr><td data-bbox="499 443 1165 499">Homeworker electricity emissions (air-conditioning)</td><td data-bbox="1173 443 1436 499">0.0</td></tr> <tr><td data-bbox="499 504 1165 560">Homeworker gas emissions</td><td data-bbox="1173 504 1436 560">1.4</td></tr> <tr><td data-bbox="499 564 1165 620">Diesel emissions (commute)</td><td data-bbox="1173 564 1436 620">0.0</td></tr> <tr><td data-bbox="499 624 1165 680">Petrol emissions (commute)</td><td data-bbox="1173 624 1436 680">0.0</td></tr> <tr><td data-bbox="499 685 1165 741">Hybrid emissions (commute)</td><td data-bbox="1173 685 1436 741">0.0</td></tr> <tr><td data-bbox="499 745 1165 801">Motorbike emissions (commute)</td><td data-bbox="1173 745 1436 801">0.0</td></tr> <tr><td data-bbox="499 806 1165 862">Train emissions (commute)</td><td data-bbox="1173 806 1436 862">1.2</td></tr> <tr><td data-bbox="499 866 1165 922">Bus emissions (commute)</td><td data-bbox="1173 866 1436 922">0.2</td></tr> <tr><td data-bbox="499 927 1165 983">Taxi emissions (commute)</td><td data-bbox="1173 927 1436 983">0.0</td></tr> <tr><td data-bbox="499 987 1165 1043">Train emissions (in work travel)</td><td data-bbox="1173 987 1436 1043">2.4</td></tr> <tr><td data-bbox="499 1048 1165 1104">Diesel emissions (in work travel)</td><td data-bbox="1173 1048 1436 1104">2.7</td></tr> <tr><td data-bbox="499 1108 1165 1164">Petrol emissions (in work travel)</td><td data-bbox="1173 1108 1436 1164">2.8</td></tr> <tr><td data-bbox="499 1169 1165 1225">Hybrid emissions (in work travel)</td><td data-bbox="1173 1169 1436 1225">0.0</td></tr> <tr><td data-bbox="499 1229 1165 1285">Bus emissions (in work travel)</td><td data-bbox="1173 1229 1436 1285">0.0</td></tr> <tr><td data-bbox="499 1290 1165 1346">Taxi emissions (in work travel)</td><td data-bbox="1173 1290 1436 1346">0.0</td></tr> <tr><td data-bbox="499 1350 1165 1406">Plane emissions</td><td data-bbox="1173 1350 1436 1406">0.6</td></tr> <tr><td data-bbox="499 1411 1165 1467">Hotel emissions</td><td data-bbox="1173 1411 1436 1467">0.8</td></tr> <tr><td data-bbox="499 1471 1165 1527">Additional estimates for purchases of goods and services</td><td data-bbox="1173 1471 1436 1527">801.6</td></tr> <tr><td data-bbox="499 1532 1165 1588">Other Scope 3 emissions</td><td data-bbox="1173 1532 1436 1588">0.0</td></tr> </table>		Homeworker electricity emissions (home office)	0.3	Homeworker electricity emissions (air-conditioning)	0.0	Homeworker gas emissions	1.4	Diesel emissions (commute)	0.0	Petrol emissions (commute)	0.0	Hybrid emissions (commute)	0.0	Motorbike emissions (commute)	0.0	Train emissions (commute)	1.2	Bus emissions (commute)	0.2	Taxi emissions (commute)	0.0	Train emissions (in work travel)	2.4	Diesel emissions (in work travel)	2.7	Petrol emissions (in work travel)	2.8	Hybrid emissions (in work travel)	0.0	Bus emissions (in work travel)	0.0	Taxi emissions (in work travel)	0.0	Plane emissions	0.6	Hotel emissions	0.8	Additional estimates for purchases of goods and services	801.6	Other Scope 3 emissions	0.0
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Total Emissions	<table border="1"> <tr> <td data-bbox="499 1675 1165 1765">Company CO₂ Emissions (tons)</td> <td data-bbox="1173 1675 1436 1765">818.41</td> </tr> </table>		Company CO ₂ Emissions (tons)	818.41																																						
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Current Emissions Reporting

Reporting Year: 2025		
EMISSIONS	Total staff	32
	Country of operations	UK
	Number of months to display impact	12
	Working days in the year	232
	Average % of time spent working from home	44%
	Significant increase in number of staff. Average % of time spent working from home has increased.	
Scope 1	Office emissions (gas)	0.0
	Other Scope 1 emissions	0.0
	No company-owned vehicles, no diesel generators used, no process emissions (administrative office-based work), no fugitive emissions, all HVAC is electrically powered.	
Scope 2	Office emissions (electricity)	3.6
Scope 3 (Included Sources)	Homeworker electricity emissions (home office)	0.9
	Homeworker electricity emissions (air-conditioning)	0.0
	Homeworker gas emissions	4.0
	Diesel emissions (commute)	0.0
	Petrol emissions (commute)	0.0
	Hybrid emissions (commute)	0.0

	Motorbike emissions (commute)	0.0
	Train emissions (commute)	4.9
	Bus emissions (commute)	0.0
	Taxi emissions (commute)	0.0
	Train emissions (in work travel)	13.6
	Diesel emissions (in work travel)	0.0
	Petrol emissions (in work travel)	5.8
	Hybrid emissions (in work travel)	0.0
	Bus emissions (in work travel)	0.0
	Taxi emissions (in work travel)	1.8
	Plane emissions	0.6
	Hotel emissions	0.3
	Additional estimates for purchases of goods and services	2137.5
	Other Scope 3 emissions	0.0
Total Emissions	Company CO₂ Emissions (tons)	2172.85
	Average CO₂ Emissions per person (tons)	67.902
	Average CO₂ Emissions per person per day (kgs)	292.68

Emissions reduction targets

In order to continue our progress to achieving Net Zero, we have adopted the following carbon reduction targets.

We aim to reduce carbon emissions by 25-30% by 2035.

Carbon Reduction Projects

In the future we hope to implement further measures such as:

Completely paperless working

At least 50% WFH

100% Renewable Energy

Reducing business travel

Exploring sustainable options with our building management suppliers

Declaration and Sign Off

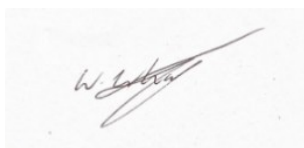
This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard¹ and uses the appropriate Government emission conversion factors for greenhouse gas company reporting².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed on behalf of the Supplier:



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Date:**12.06.2026**.....

¹<https://ghgprotocol.org/corporate-standard>

²<https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>

³<https://ghgprotocol.org/standards/scope-3-standard>